

25 TRAINING OBJECTIVES FOR DISCIPLESHIP

21. Overcoming Sin

- *Truth to Teach:* As we grow in our Christian life, we overcome sin by the power of the Holy Spirit. The more we overcome sin, the more holy we become, which means we begin to look more like Jesus. We have battles every day with sin, and God has given us the power to overcome.

- *Scriptures:* **1 Peter 1:16** > What does God challenge us to be? What does it mean to be holy? How can we be holy?

Galatians 5:16-26 > What is going on between the flesh and the spirit?

How do we overcome the sin of the flesh? What sins are the flesh prone to commit?

What warning is given to those who live sinful lives?

What does a life lived by the spirit look like? What does it not look like?

Romans 7:7-25 > What is the cause of the sin in our lives? How does Paul describe the battle within him? How do we win the victory?

1 Corinthians 6:9-11 > What were some of the Corinthians before they were saved? What changed their standing before God?

Matthew 4:1-11 > How do we overcome the temptation to sin?

- *Application:* We can be encouraged to follow Jesus' example in Matthew 4:1-11 by being able to quote Scripture when tempted to sin. Make a list of sins that you might struggle with and then list verses beside each sin that will help you in your fight against that temptation.
- *Activities:* Temptations will come to all of us. Overcoming them can only be done through the power of Christ. Ask God to empower you each day to withstand the temptations that come. Put the scriptures you listed earlier in a place you can refer to throughout the day (notebook, purse, lunch box, etc.)
- *Practice:* What step can you take right away to live a more holy life?